

***angustiz** Runic: ᚦᚢᚰᚱᚱᚱᚱᚱᚱ Pronunciation: /'aŋ.gus.tiz/

noun · feminine · i-stem

Meanings

1. narrowness, tightness; constriction
2. distress, fear, anxiety

Etymology

A Germanic abstract derivative associated with **anguz*, with **(s)ti-*, yielding **angustiz*. The prehistory of **-st-* is uncertain: the noun may continue a **-sti-* formation to Proto-Indo-European **h₂emǵ^h-u-* or a **-ti-* derivative of the related s-stem **h₂emǵ^h-es/os-* (Kluge & Seebold 1989: s.v. *Angst*) an analysis through **-os-ti-* has also been proposed (Majer 2021: 208 n. 28; Watkins 2011: s.v. *angh-*). Ultimately from the PIE root **h₂emǵ^h-/*h₂enǵ^h-*. The shift from bodily constriction to emotional distress is already Indo-European: compare Sanskrit अंहस् (*aṃhas*), Avestan 𐬰𐬀𐬭𐬀 (*qzah-*), Latin *angor*, *angustus*, and Ancient Greek ἄγχω (*ánkhō*) (Bernard 2025: 15, 94; Kroonen 2013: s.v. **angwu-*; Wodtko et al. 2008: 301–303).

Declension

Case	Singular	Plural
Nom.	angustiz	angustīz
Acc.	angustj	angustinz
Gen.	angustīz	angustijō
Dat.	angustī	angustimaz
Inst.	angustī	angustimiz
Voc.	angusti	angustīz

Descendants

angust (Old Dutch)

ancst, anxt, angest (Middle Dutch)

angst (Dutch)

angs (Afrikaans)

angst, ongost, ongest (Old Frisian)

Oangst (Saterland Frisian)

eangst (West Frisian)

angust (Old High German)

angest (Middle High German)

Angscht (Alemannic German)

Ångst, Ångscht (Bavarian)

Angst (German)

Angks (Kölsch)

Angscht (Luxembourgish)

***angust** (Old Saxon)

angest (Middle Low German)

Angst (Low German)

***angust** (Old Saxon)

angest (Middle Low German)

angist (Old Norse)

angist (Faroese)

angist (Icelandic)

angst (Norwegian Bokmål)

ångest (Swedish)

***angust** (Old Saxon)

angest (Middle Low German)

angist (Old Norse)

angst (Danish)

angst (English)

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